



## **Take your skin on holiday and leave the wrinkles behind at the VICTORIA-JUNGFRAU Grand Hotel & Spa in Interlaken**

There is no doubt that looking good has the psychological effect of making one feel good. For those that do not have time to wait for nature to smooth away the anxiety of modern living, the VICTORIA-JUNGFRAU Grand Hotel & Spa has included a new range of therapies to their comprehensive list of wellbeing treatments.

Dermatology consultant, Martin Bleker offers a range of beauty treatments that includes reducing wrinkles using Vistabel® (Botox®) and the filler, hyaluronan, with focus on frown lines, crow's feet and the area around the mouth. Treatment with special peelings gives the skin a rejuvenated and fresher appearance as spots, fine acne scars, enlarged pores and sun-damaged skin can all be treated with an appropriate peeling therapy, such as Salicylic acid, TCA or microdermabrasion. Preventative therapy is also available, with a dermatological skin analysis assessing the skin regularly exposed to sunlight (face, décolleté and arms) and offering advice to keep skin healthy and protected. Costs for treatments vary but as a guide start from CHF450/\*£275 for wrinkle treatment and CHF150/\*£91.60 for peeling, for more details: <http://www.victoria-jungfrau.ch/en/desktopdefault.aspx/tabid-470>

The VICTORIA-JUNGFRAU Grand Hotel & Spa boasts an award winning ESPA spa with 16 therapy rooms and a Clarins beauty centre. Treatments traditionally offered in this area of the hotel focus on holistic therapy to ensure that both body and mind are nurtured during the wellbeing journey. There is a range of classes, including yoga and tai chi and, as the hotel is set within a stunning natural backdrop of snow capped mountains a short walk from two tranquil lakes, guests are encouraged to enjoy what nature offers on the doorstep.

### **VICTORIA-JUNGFRAU Grand Hotel & Spa**

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Accommodation at the Victoria-Jungfrau Grand Hotel & Spa starts from CHF690/\*£421.40 for a superior double room per night; CHF600/\*£366.40 for single occupancy and for those that would like to enjoy a Spa Weekend, the rate for a 2 night *Mini-Ritual Programme* is from CHF1315/\*£803 per person in a double room to include a foot ritual with consultation; ESPA ultimate body wrap; ESPA aromatherapy body massage including daily breakfast buffet and the VICTORIA-JUNGFRAU *Dine-Around (half board)* offering a choice of a 5-course dinner or light Spa Cuisine in *La Terrace* or à la carte in one of the other two restaurants as well as use of all the ESPA facilities that include a steam room, Finnish sauna, lifestyle showers and relaxation area and the hotel's 20m swimming pool and outdoor heated Jacuzzi – there are specific spa rooms which are located especially close to the Spa and treatment rooms.

**\*rate exchange on 14.01.09 £1=1.6375 CHF**

**[www.victoria-jungfrau-collection.ch/en](http://www.victoria-jungfrau-collection.ch/en)**

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