



## **Mollycoddle your Mother on Mothering Sunday at either Grande Dame: The Palace Luzern or the Victoria-Jungfrau Grand Hotel & Spa**

Whisk your mother away to Switzerland for a spring weekend on Mothering Sunday, 22<sup>nd</sup> March, to feed the body and mind with a spa break at either of the elegant Grande Dames: the Victoria-Jungfrau Grand Hotel & Spa in Interlaken or its sister, The Palace in Luzern.

Both properties have award winning ESPA spas with special suites designed for two, the panoramic view at The Palace is of the tranquil Lake Lucerne below and the snow covered Alps beyond. There is an extensive range of treatments offered by ESPA including the elusive "Time"; a 2-hour session with a therapist and the treatment can include a facial, full body massage, Indian head massage – whatever you need at the time.

If catch-up chatter is your preference, linger in the many cafes over coffee or hot chocolate. Maybe this could be an ideal time to embark upon the fitness regime so often discussed; it could not be easier, particularly at the Victoria-Jungfrau, where one-to-one classes in yoga, tai chi or spinning all designed to encourage exercise as a wellbeing programme.

For those that hunger for culture, Angela Rosengart's private museum in Luzern, boasts a formidable collection of 200 paintings from her friend Picasso not to mention Klee, Miro, Chagall among other artists. The KKL, a contemporary concert hall, hosts a number of spectacular events throughout the year. These are within walking distance from The Palace, although the KKL has a much more scenic approach via boat directly from the hotel's pier. If staying at the Victoria-Jungfrau Grand Hotel & Spa in Interlaken, the Zentrum Paul Klee is just outside Berne, an hour's drive away, in one of the hotel's complimentary Jaguars that are on hand for guests to explore the Swiss countryside (subject to availability).

**The Palace Spa Shortbreak** includes: Padabhyanga (traditional foot cleansing ritual), ESPA full body salt and oil scrub, ESPA aromatherapy body massage with overnight accommodation in a double room overlooking Lake Lucerne for CHF 695/\*£390 (prices valid until April 2009) and inclusive of service charge, VAT and delicious buffet breakfast.

Höheweg 41, CH-3800 Interlaken, Tel. +41 (0)33 828 28 28, Fax +41 (0)33 828 28 80  
info@vjc.ch, www.victoria-jungfrau-collection.ch

**The Victoria-Jungfrau Grand Hotel & Spa: Lazy Sunday Package** valid until 31<sup>st</sup> March 2009 from Friday to Sunday: 2 nights from CHF 750/\*£420 per person in a superior double room including service charge and VAT and either a delicious breakfast buffet or continental breakfast in your room or Sunday brunch in the “Jungfrau Brasserie” (until 2.00 p.m.); 25 minute treatment per person in either the ESPA or Clarins Beauty Centre and a late check-out until 5.00 p.m., so that you can really relax.

\*CHF1=£0.56 per [www.hifx.co.uk](http://www.hifx.co.uk) on 10/12/08

Further information:  
PPress Office Ltd.  
Shelley-Anne Claircourt  
London  
Tel: +44 (0)20.7854 1827  
Mobile: +44 (0)7970 891064  
Email: [info@pressoffice.co.uk](mailto:info@pressoffice.co.uk)

Höheweg 41, CH-3800 Interlaken, Tel. +41 (0)33 828 28 28, Fax +41 (0)33 828 28 80  
[info@vjc.ch](mailto:info@vjc.ch), [www.victoria-jungfrau-collection.ch](http://www.victoria-jungfrau-collection.ch)