



Let the Victoria-Jungfrau Grand Hotel & Spa flex your ski muscles

Each year thousands of British holiday makers head for the ski slopes for a week of the white stuff; yet few prepare for this the most physical of sports. This winter, be different, check-in to the Victoria-Jungfrau Grand Hotel & Spa for a long weekend and attend the **Fit for Ski** classes to ensure an equal contest when it comes to challenging your off-piste partner.

The Victoria-Jungfrau Grand Hotel & Spa's shuttle bus goes directly to the ski station in Grindelwald (1034m/3393ft), about 20 km away and for those more adventurous, there is heli-skiing, just 12 minutes from the hotel at Gsteigwiler. Take off to ski on crisp snow in the shadow of the three mighty peaks of the Eiger, Mönch and the Jungfrau.

The exclusive ESPA spa has an extensive menu of therapies, many designed to relax the muscles after a long day on the mountain. The other facilities within the spa, such as a swimming pool, Whirlpool hot tub, Jacuzzi and steam bath, will all ensure that aching muscles are a thing of the past.

The Victoria-Jungfrau Grand Hotel & Spa is situated in Interlaken with regular flights to both Zurich and Berne, guests from the UK can enjoy a long weekend skiing whilst non-skiing partners can relax in the spa and both can indulge in gourmet evenings.

Price: 2 nights accommodation in a deluxe double room from CHF 760/£392* per night (per room) (CHF 790/£405* per night per room in 2009, *exchange rate 16.10.2008 £1=CHF1.949)

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